

Session 1 FRIDAY DISTANCE
WARM UP 5:00PM START 6:00PM

GIRLS	EVENT	BOYS
1	500 FREE	2

Session 2 & 4 SATURDAY PRELIMS/FINALS
PRELIMINARY WARM UP 7:00AM START 8:30AM
FINALS WARM UP 4:30PM START 5:30PM
RELAYS SWUM DURING PRELIMINARY SESSIONS

GIRLS	EVENT	BOYS
3	11-12 50 FREE	4
5	13-14 50 FREE	6
7	15 & OVER 50 FREE	8
9	11-12 100 BREAST	10
11	13-14 100 BREAST	12
13	15 & OVER 100 BREAST	14
15	11-12 50 BACK	16
17	13-14 200 BACK	18
19	15 & OVER 200 BACK	20
21	11-12 50 FLY	22
23	13-14 100 FLY	24
25	15 & OVER 200 FLY	26
27	11-12 200 FREE	28
29	13-14 100 FREE	30
31	15 & OVER 100 FREE	32

Session 2 & 4 SATURDAY PRELIMS
 PRELIMINARY WARM-UP 7:00AM START 8:30AM
 FINALS WARM UP 4:30PM START 5:30PM
 RELAYS SWUM DURING PRELIMINARY SESSION

GIRLS	EVENT	BOYS
33	11-12 200 IM	34
35	13-14 200 IM	36
37	15 & OVER 200 IM	38
39	11-12 200 MED RELAY	40
41	13-14 200 MED RELAY	42
43	15 & OVER 200 MED RELAY	44

Session 3 SATURDAY PM TIMED FINALS
 WARM UP 11:45AM START 1:00PM

GIRLS	EVENT	BOYS
45	8 & UNDER 100 FREE	46
47	9-10 200 IM	48
49	6 & UNDER 25 FREE	50
51	7-8 25 FREE	52
53	9-10 50 FREE	54
55	8 & UNDER 50 FLY	56
57	9-10 50 FLY	58
	20 MINUTE BREAK FOR AWARDS	
59	6 & UNDER 25 BREAST	60
61	708 25 BREAST	62
63	9-10 100 BREAST	64
65	8 & UNDER 50 BACK	66
67	9-10 50 BACK	68
69	8 & UNDER 200 MED RELAY	70

